



Preparing for the Tu B'Shvat Seder



Shopping List

Supplies

- Plastic Cups x4 @person
- Garbage bags
- Trays for pre-pouring cups
- Plastic zip lock bags
- Napkins
- Yamulkes

Food & Drink

- Red Grape Juice or Wine (Kosher)
- White Grape Juice or Wine (Kosher)
- Crackers: Barley & Wheat, Wheat
- Almonds, Pecans
- Oranges, Clementines or Tangerines
- Dates, Raisins
- Candy

In preparation for the Seder, stuff plastic bags with the ingredients required by each person and pre-pour into plastic cups (held on trays) the 4 cups of wine or juice.

Pre-pours of wine

- 1st Cup: Winter: White w/spot of red
- 2nd Cup: Spring: White w/portion of red
- 3rd Cup: Summer: Red w/portion of white
- 4th Cup: Fall: All Red w/spot of white

Each plastic bag should be filled with two napkins, a small box of raisins, dates (2), a few each of pecans and almonds, one orange, and two of each type of cracker.

Tu B'Shvat Seder Stages

Wheat & Barley (Harvest blessing)

1st Cup: Winter: White w/spot of red;
Fruits & nuts w/hard shells but edible insides
Eat: almonds, pecans, oranges

2nd Cup: Spring: White w/portion of red
Fruits & nuts w/soft outsides but hard inedible pits
Eat: dates

3rd Cup: Summer: Red w/portion of white:
Fruits & nuts w/soft insides and outsides
(raisins a/k/a dried grapes)

4th cup: Fall: All Red w/spot of white:
No fruits or nuts

Conclusion: Candy for a sweet year